

Prayers for Sunday 26th July 2020.

One thing I ask of the LORD

This is what I seek:

That I may dwell in the house of the LORD

All the days of my life,

And to seek him in his temple.

Lord,

Help us to slow down to be with you

Help us to **be still** and listen to what you are saying to us in this season of lockdown and as we emerge back into society again.

Help us to grow in our stillness and inner rest with you.

To open the eyes of our heart in order to be more aware of your Presence.

We thank you that you make all things new

That in your presence, you renew us by your Holy Spirit.

That you recharge us, refresh us and remake us.

Renew our minds through your living Word,

Renew our hearts by your Spirit,

and renew our hopes and dreams to follow you,

as we yield ourselves afresh to you this day.

Help us to **see you** in all that we do,

In all that we say,

And in all that we become

As we travel on this **journey of transformation** to Your heart.

Help us to develop stillness as a rhythm in our lives,

That in the stillness we are able to lie down in green pastures and come beside the still waters of Your love.

Help us to see ourselves as you see us, beloved, precious and honoured in your sight.

Fill us with your love and renew us daily so we are able to live a life of abundance.

That we can love you with all our minds,

With all of our hearts and all of our wills.

That through your love we can love our neighbour as ourselves.

Thankyou for carrying us through lockdown and connecting us as a body through zoom gatherings and online.

As we start to venture out, be with us, and give us discernment with all the decisions we make. Give us courage to live in society again and take away our fear and anxiety . Take us by the hand and lead us heavenly Father through this world's tempestuous sea.

Guide Boris Johnson to lead with wisdom and balanced restraint.

Guide us to learn the lessons of lockdown as individuals, as a community and globally.

Let these lessons of slowing down, re-prioritising and walking with you be a lifetime pursuit.

Help us to know you

Help us to remember you

And help us to put you first Jesus in all our decisions going forward,with a lighter step, supported by you as your yoke is light.