

# AS ONE AT 10

## **Welcome**

Welcome everyone to another As One at 10! So lovely that you could join us... I wonder how lockdown has been for you this week especially as Easter weekend has come to an end and the children are perhaps back at their virtual school.

As someone who is very active, and for me being in lockdown has meant in part finding jobs to do...Yes, I have been working, but I've also taken the opportunity to do some puzzles, to do some gardening, to do some online photo albums or anything else that I can find. I don't get bored, but I do find it more challenging to come before God and quietly listen to what he might be saying to me in this season – to “Be Still and Know that He is God.”

Later this morning, Jon is going to teach us from psalm 127, which begins “unless the Lord builds the house, the builders labour in vain.”

We don't know how long lockdown will last, but I know that I don't want to labour in vain and just rush around doing my stuff with no reference to God. Instead, this morning as we gather, why don't we ask Him together to show us where He wants us to put our energies, our time, to let him do the building in our lives, our families, our households but also as his church family, this community of St Swithin's gathered this morning.

## **Let's pray together.**

The message version of Psalm 127 says this “It's useless to rise early, and go to bed late and working your worried fingers to the bone. Don't you know he enjoys giving rest to those he loves.”

Father we thank you this morning that you know us and you love us and that you long for us to enjoy your rest and your company. In this season, as lockdown continues may we have our hearts and eyes open to what you are saying to us, longing to do in our lives and so grow to know you better and love you more. Teach us to slow down and enjoy you – **Amen**